

HIMALAYA SPECIALS

BEEF PISTA MILAAN Beef cooked with a blended mild spices	£9.95
KARAH CHICKEN	£9.95
Medium hot spicy dish cooked with tomato and green peppers, tossed in butter.	
KARAH LAMB	£9.95
Medium hot spicy dish cooked with tomato and green peppers, tossed in butter.	
CHILLI RASHAN BALTI	£9.95
Chicken / lamb tikka cooked similar to balti with extra garlic & chillies, Fairly hot.	
CHICKEN / BEEF / LAMB NAGA SPECIAL (BANGLADESHI ORIGIN)	£9.95
A very well known hot chilli pickle cooked with exotic herbs and spices.	
CHICKEN CASHEW CURRY	£9.95
Cooked with butter, garlic, ginger, whole cashew nut, mixed nut powder, coconut cream and fried tomatoes.	
DUCK JALFREZI with ground spices with tomatoes, green peppers & chillies	£11.95
NARAM DUCK	£11.95
Roast supreme duck, cooked in a deliciously mild spiced honey. Contains pistachio nut.	
DUCK TIKKA MASSALA	£11.95
Special Tikka Duck barbecued in tandoori then cooked with fresh coconut and almond with a mixture of medium spices giving a unique taste and rich flavour	
PUTHANA VINDALOO Fairly hot	£9.95
Chicken or lamb tikka cooked with onion, garlic, pepper, vinegar and cubes of potatoes.	
SHAHI KORMA	£9.95
Authentic style, Indian korma, cooked with garlic, ginger, onion, yoghurt & a secret spice.	
SPICE GRILLED CHICKEN TIKKA	£9.95
Cooked with marinated chicken tikka, onion, pepper and special secret spice.	
PODHINA ZAAL CHICKEN	£9.95
Pieces of chicken breast marinated in chilli, mint and garlic sauce then cooked in a mixture of home ground spices.	
GOSHTABA DHANIWALA (BANGLADESHI ORIGIN)	£9.95
Chicken or lamb cooked with green chillies, coriander and fresh roast ground spices, giving an excellent flavour.	
CHILLI RASHAN CHINGRI	£8.95
Steam cooked prawns with garlic, cumin, coriander & chili sauce.	
HARIALI	£9.95
Lean chicken breast, marinated & cooked with fresh crushed garlic, ginger, green chilli, coriander, pinch of sugar, cream & spinach. dish has distinctive colour, hence the name (hariali) Green	
NAWABI	£9.95
Tender pieces of chicken breast marinated and bbq over flaming charcoal and the cooked again in a wonderful subtle mango flavored creamy sauce. Mild to medium strength.	
SATKORA (CHICKEN OR LAMB)	£9.95
A very well known citrus fruit cooked with fresh herbs & spices to produce medium sour taste.	
MADHAV PURI	£9.95
Chicken tikka, slightly hot bhuna stule with honey and tamarind sauce	

VEGETABLE (M) DISHES

PANEER DIL BAHAR Indian cheese and mushrooms in a cashew nut sauce	£8.95
KADHAI PANEER	£8.95
Indian cottage cheese smeared with tomato, capsicum and pounded spices	
SUBZ FALGONI Melange of vegetables stir fried in a tomato and garlic gravy	£8.95
KOFTA HARYALI	£8.95
Spiced Indian cheese and vegetable dumplings in pureed spinach gravy, with garam masala, fenugreek and hint of cream	

 Gluten	 Eggs	 Octopus	 Mussels	ALLERGY NOTE Although extra care is taken during preparation our dishes may still contain ingredients that may affect, we can not guarantee that dishes are allergy-free. Please ask our staff if you have any allergy or intolerance.
 Nuts	 Fish	 Oyster	 Sulphite	
 Milk	 Crab	 Scallop	 Celery	
 Soya	 Shrimps	 Sesame	 Mustard	

SIDE DISHES

SAG PANEER Spinach & cheese	£4.55	Fresh spinach with garlic and onions	
SABJI BHAJI	£4.55	ALOO KULCHA	£4.55
Mixed veg cooked in medium spices.		Spicy hot potatoes	
BEGUN BHAJI (Bangladeshi Origin)	£4.55	SAG ALOO	£4.55
Aubergine cooked with special spices, hot medium a unique dish house speciality		Fresh spinach cooked with potatoes	
BINDI BHAJI	£4.55	TARKA DALL	£4.55
Tender okra, stir fried with herbs and spices		Lentil flavoured with garlic	
ALOO GOBI	£4.55	VEGETABLE CURRY	£4.55
Fresh cauliflower and potatoes cooked with medium spices		Mixed vegetable in a medium spicy sauce	
MUSHROOM BHAJI	£4.55	RAITA	£4.55
Fresh mushrooms, moistly cooked with onions		Cultured yoghurt and herbs with cucumbers, bananas or onions	
SAG BHAJI	£4.55	CHANA SAG	£4.55
		Fresh spinach cooked with chick peas in the raj style with garlic and onions	

RICE DISHES

PILAU OF THE DAY	£4.55	VEGETABLE RICE	£3.95
Chefs special choice (Mixed)		KEEMA RICE	£3.95
BOMBAY PILAU	£3.55	Pilau rice with mince meat	
Lemon, lime, fresh coriander		GARLIC RICE	£3.95
COCONUT RICE	£3.95	Pilau rice with fresh garlic	
Pilau rice with coconut		ONION RICE	£3.95
BUTTER RICE	£3.95	MUSHROOM RICE	£3.95
Pilau rice with fresh butter		EGG RICE	£3.95
NUT RICE with nuts	£3.95	PLAIN RICE	£3.50
CHILLI RICE	£3.50	BOILED RICE	£3.20
Pilau rice with green chillies			

SUNDRIES

PLAIN NAN	£2.95	GARLIC NAN with garlic	£3.50
Leavened bread made from fine flour		PURI	£1.75
TIKKA NAN spiced minced chicken	£3.50	MASALA CHIIPS	£3.95
KEEMA NAN spiced minced lamb	£3.50	PARATHA	£2.95
GARLIC & CORIANDER NAN	£3.95	STUFFED PARATHA	£3.25
CHEESE & GARLIC NAN	£3.95	RUMALI CHAPATI	£1.95
GARLIC & CHILLI NAN	£3.95	PAPADOM plain or spicy	£1.20
KEEMA & GARLIC NAN	£3.95	ASSORTED PICKLE	£3.95
CHEESSE NAN	£3.50	KACHUMBER SALAD	£2.50
CHILLI NAN with green chillies	£3.50	Finely chopped onion, tomato and cucumber with a hint of chillies.	
ONION NAN with fresh red onions	£3.50	MUMBAI GREEN SALAD	£2.95
MOZZARELLA & CORIANDER	£3.95	Cucumber, carrots, tomatoes, onion & lettuce	
PESHWARI NAN	£3.90		
Stuffed with mixed nuts and sultanas			

4 COURES SPECIAL THURSDAY & SUNDAY £12.95

1) STARTERS (CHOOSE FROM)

ONION BHAJI, PAKURA, BHUNA PRAWN ON PURI, CHINGRI MASSALA, CHICKEN CHAT ON PURI, SHEEK KEBAB OR CHICKEN TIKKA OR LAMB TIKKA STARTER, GARLIC MUSHROOM ON PURI, CHICKEN BHAJI ON PURI OR SWEET POTATO AND CHANNA CHAT

2) MAIN DISHES (CHOOSE FROM ANY OF THE FOLLOWING CURRIES)

CHICKEN, CHICKEN TIKKA CURRY, BEEF, LAMB TIKKA CURRY, PRAWN, VEGETABLE, PLAIN CURRY, DANSAK, CURRY WITH MUSHROOMS, MADRAS, VINDALOO, SRI LANKA, BHUNA, DUPIAZA, ROGAN, PATHIA, KURMA, MALAYAN

3) RICE DISHES ANY RICE FROM THE MENU

4) SUNDRIES PLAIN OR SPICED PAPADOM

Design & Print BPRINTS 079 12345 869

TAKEAWAY MENU



AUTHENTIC INDIAN CUISINE

Established. 2001

0191 388 8753 | 0191 388 2906

THURSDAY & SUNDAY SPECIAL

TAKEAWAY: £12.95

DINE IN: £14.95



WWW.HIMALAYARESTAURANT.CO.UK

Open 7 days a week

5:30pm - 11:30pm



We accept all major bank card

11 South Burns, Market Place, Chester le street
Co. Durham DH3 3EZ

SHURUWAD STARTERS

BHUNA PRAWN ON PURI 🍤 <i>Prawns cooked with herbs and spices, served on a pancake.</i>	£4.90
CHICKEN CHATT MASSALA 🍴 <i>Spiced with hot, sweet & sour flavor served with puri</i>	£4.90
SAS NI MACCHI <i>A kebab made from tuna fish with herbs & spices, garnished with onion and pepper.</i>	£4.90
PANCH MISHALI V <i>A selection of kebabs, tikkas and pakuras mixed from the house of tandoor.</i>	£6.90
DAHI BAIGAN V <i>Grilled aubergines, stuffed with vegetables and topped with yoghurt. Contains mustard.</i>	£4.90
KATHI KEBAB <i>Spicy lamb tikka rolled in battered chapatti. Contains mustard</i>	£5.90
LENTIL AND CURRY LEAF SOUP V	£3.90
BORO CHINGRI BHUNA 🍤 <i>Super king prawns cooked with garlic, ginger, onion, delicately medium dry consistency.</i>	£5.90
HIMALAYA SIGNATURE SALAD V N <i>Mango, honey, peanuts & spring onions</i>	£4.90
SHEEK KEBAB <i>Lean minced lamb blended with special spices and cooked on skewers in a clay over.</i>	£4.90
PAKORA V <i>Deep fried, crispy spiced lentil balls</i>	£3.90
MIRCHIA AUR CHINGRI <i>Capsicum stuffed with prawns and cooked in mild spices, an excellent delicacy.</i>	£5.90
CHATRI AUR PANIR V <i>Garlic, mushrooms and cheese tikka served with stir fried onion, pepper & fresh coriander.</i>	£5.90
CLASSIC ONION BHAJI V <i>Deep fried, crispy spiced lentil balls</i>	£3.90
MIX PLATTER <i>(Bangladesh origin ideal for two people) Tikka chicken /pakura/lamb tikka/onion bhaji.</i>	£9.45
JHINGA GARLIC SPECIAL <i>(Bangladesh origin) King prawn cooked with specially blended spices in garlic sauce.</i>	£6.90
SWEET POTATO CHAAT V <i>Roasted cubes of sweet potato served with chutney</i>	£3.90
KING PRAWN BUTTERFLY <i>King prawn coated in breadcrumbs & shallow fried</i>	£8.05
VEGETABLE SAMOSA CHAAT V <i>Layers of spicy chickpeas and fried chopped samosas, topped with sliced onions</i>	£5.90
SAMOSA (Bangladesh origin) 🍤 <i>Triangular shaped pastry filled special fried red onion with minced meat/mix vegetables.</i>	£4.60
CHICK PEAS & POTATO TIKKA V	£4.90
KURKURI LENTIL BATTERED OKRA	£4.90
PAKORAS SUPPEME 🍤 <i>A selection of fish, chicken and vegetables, dipped in garam flour and fried in butter, served with sweet and sour sauce.</i>	£5.90
MAACH BHAZA <i>Crumbled tilapia (white fresh water fish) fish fingers</i>	£4.90
MASALA BATADA VADA V <i>Spiced mashed potato balls in a garam flour batter</i>	£4.90

NEW TANDOORI DISHES

PUNJABI CHICKEN WINGS <i>In a chopped garlic, ginger and chilli yoghurt marinade</i>	(STARTER) £4.90	(MAIN) £9.95
HARYALI CHIKENE TIKKA <i>In a mint, yoghurt, coriander and green chilli</i>	(STARTER) £5.50	(MAIN) £10.95
PUNJABI CHILLI CHICKEN TIKKA <i>with chilli, cumin, ginger & garlic marinade</i>	£11.95	
SHEEK KEBAB GILAFI <i>Minced lamb with bell peppers, onion & coriander</i>	£10.95	
ADRAKI CHAMPEEN <i>Lamb chops marinated in a ginger, paprika & black pepper</i>	(STARTER) £6.60	(MAIN) £12.95
JAFFRANI SALMON <i>Cubed salmon in a honey, dill and saffron marinade</i>	(STARTER) £6.60	(MAIN) £12.95
CITRUS KING PRAWN <i>Cooked with chilli, lemon grass and kaffir lime leaves</i>	(STARTER) £9.05	(MAIN) £14.95
HIMALAYA GRILL <i>Includes chicken tikka, lamb chop, citrus prawn, sheek kebab and salmon tikka.</i>	(STARTER) £9.05	(MAIN) £15.95

MAIN COURSE TANDOORI DISHES

CHICKEN TIKKA OR LAMB TIKKA <i>Succulent boneless pieces of chicken. Prime pieces of lamb cut in cubes.</i>	(STARTER) £5.20	(MAIN) £10.45
TANDOORI CHICKEN <i>Half spring chicken on the bone</i>	(STARTER) £5.20	(MAIN) £10.55
TANDOORI COCKTAIL <i>Mixed tandoori barbecue consists of pieces of chicken, lamb, tandoori chicken & sheek kebab.</i>	£11.95	
CHICKEN / LAMB SHASLICK <i>Chicken or lamb barbecued on skewers with capsicum, tomatoes and onions</i>	£10.95	
TANDOORI KING PRAWN <i>Delicious king prawn carefully spiced, served on a sizzler with fresh green salad.</i>	(STARTER) £5.90	(MAIN) £14.95
DUCK TIKKA (BANGLADESHI ORIGIN) <i>Tender duck breast marinated in spices and grilled in a charcoal oven.</i>	(STARTER) £6.60	(MAIN) £12.95
DUCK TIKKA SHASLICK (BANGLADESHI ORIGIN) <i>Duck pieces flavored with special and cooked onions, capsicum and tomatoes.</i>	£12.95	
TANDOORI KING PRAWN SHASLICK (BANGLADESHI ORIGIN) <i>King prawns flavored with special and cooked onions, capsicum and tomatoes.</i>	£12.95	
MACH TANDOORI <i>Pieces of monkfish, marinated and barbecued in Tandoori, Served with salad.</i>	(STARTER) £6.90	(MAIN) £13.95

POULTRY DISHES

CHICKEN BHUNA <i>with garlic, tomatoes, onion & freshly ground spices</i>	£7.95
CHICKEN DANSAK <i>with aromatic spices, lemon juice & lentils</i>	£7.95
CHICKEN DUPIAZA <i>A medium strength dish where onions & spices are briskly fried</i>	£7.95
CHICKEN KORMA <i>Very mild dish, with fresh cream and coconut</i>	£7.95
MALAYAN CHICKEN <i>Mild spices in which cream, banana and pineapple are used to create a unique flavour</i>	£7.95
BENGALI CHICKEN CURRY <i>In a secret five spiced sauce</i>	£9.95
MURGI CHETTI NADI MADRAS (HOT) <i>Chicken in a spicy black pepper based sauce</i>	£7.95
CHICKEN ACHAR <i>Breast of chicken cooked with fresh roast spices and dry red chillies giving aroma by being marinated in traditional pickle, slightly hot.</i>	£9.55
CHICKEN BIRYANI	£8.95
CHICKEN MADRAS <i>Pieces of chicken cooked in strong spices</i>	£7.55
CHICKEN VINDALOO <i>Cooked in strong spices – very hot</i>	£7.95
CHICKEN ROGAN <i>cooked with lots of tomato, green peppers and garlic</i>	£7.95
MURGI METHI PALAK <i>Chunks of Chicken marinated and cooked with ground chillies, with a generous helping of fresh fenugreek and spinach.</i>	£9.95

LAMB DISHES

LAMB BHUNA <i>with garlic, tomatoes, onion & freshly ground spices</i>	£8.55
LAMB DANSAK <i>with aromatic spices, lemon juice & lentils</i>	£8.55
LAMB ROGAN JOSH <i>cooked with lots of tomato, green peppers and garlic</i>	£8.55
LAMB DUPIAZA <i>A medium strength dish where onions & spices are briskly fried</i>	£8.55
SAG GHOST <i>with fresh spinach, herbs, garlic flavored, fenugreek & fresh coriander</i>	£8.95
LAMB TIKKA MASALLA 🍴 <i>Specially marinated lamb barbequed then cooked on a mildly spiced sauce</i>	£10.95
SOUTH INDIAN LAMB PEPPER FRY <i>With black pepper & curry leaf, served spicy (hot)</i>	£9.50
LAMB PASANDA 🍴 <i>Fillet of lamb cooked in fresh cream, cultured yoghurt with cuscus, almonds and cashew nuts in a subtle delicate sauce</i>	£8.95
LAMB TIKKA BHUNA <i>Cubes of marinated lamb barbequed & cooked with garlic, tomatoes, onions and freshly ground spices. Deliciously medium dry</i>	£8.55
LAMB JALFREZI <i>Cubes of lamb cooked with capsicum, onion, tomatoes</i>	£8.95
LAMB BIRYANI	£9.95
LAMB MADRAS <i>Cubes of lamb cooked in strong spices</i>	£8.55
LAMB VINDALOO <i>Cooked in strong spices – very hot</i>	£8.55
RALWAY LAMB CURRY <i>Cubeb lamb with baby potatoes in a curry leaf, coconut, mustard seed and onion sauce, served with saffron pilau rice</i>	£11.90

POULTRY TIKKA DISHES

CHICKEN TIKKA BHUNA <i>with garlic, tomatoes, onion & freshly ground spices</i>	£8.95
CHICKEN TIKKA DANSAK <i>aromatic spices, lemon juice & lentils</i>	£8.95
CHICKEN TIKKA MASALA 🍴 <i>Special Tikka chicken barbecued in tandoor then cooked with fresh coconut and almond with a mixture of medium spices giving a unique taste and rich flavour</i>	£9.95
CHICKEN TIKKA KORMA <i>Very mild dish, with fresh cream & coconut</i>	£8.95
CHICKEN TIKKA SRI LANKA <i>Coconut and strongly spiced for a hot taste</i>	£8.95
CHICKEN TIKKA SINGAPORE <i>Fairly hot cooked with okra</i>	£8.95
CHICKEN TIKKA ROGAN <i>cooked with lots of tomato, green peppers & garlic</i>	£8.95
CHICKEN TIKKA PATHIA <i>Characteristics of this dish is derived from the use of tomatoes & mixture of hot spices</i>	£8.95
MURGH TIKKA MAKHANI MASALA 🍴 <i>Tikka chicken in a rich creamy sauce, preparation of the sauce consists of batter, fresh cream, ground almonds, coconut and mango flavour with a mixture of mild spices</i>	£9.95
CHICKEN TIKKA BIRYANI	£9.95
CHICKEN TIKKA JALFREZI <i>with special sauce with capsicum, onion & tomatoes</i>	£8.95
CHICKEN TIKKA MADRAS <i>Cubes of chicken cooked in strong spices</i>	£8.55
CHICKEN TIKKA VINDALOO <i>Cooked in strong spices – very hot</i>	£8.55

SEAFOOD AND FISH DISHES

PRAWN BHUNA	£7.95
PRAWN DUPIAZA <i>A medium strength dish with onion and spices briskly fried</i>	£7.95
PRAWN SAGWALA <i>Prawns and fresh spinach with garlic, ginger, herbs & cumin & spices</i>	£8.95
KING PRAWN BHUNA <i>King cooked with tomato, capsicum, medium spices & served with special thick sauce</i>	£10.95
TANDOORI KING PRAWN MASALLA 🍴 <i>Charcoal grilled king prawns cooked with a special unique masala sauce</i>	£12.95
PRAWN BIRYANI	£9.95
KING PRAWN BIRYANI	£12.95
GRILLED GARLIC TANDOORI KING PRAWN	£12.95
MADRAS PRAWN	£7.95
KING PRAWN SABSI BAHAR <i>King prawns stir fried with capsicum, tomato & bindi in a mixture of aromatic Indian spices</i>	£12.95
KING PRAWN ZAFFRON <i>King prawns cooked with a special blend of appropriate spices, aromatic saffron and fresh herbs. Served with saffron rice, brinjal bhaji, crispy okra</i>	£14.90
MALABAR CHINGRI <i>In a ginger, turmeric and coconut sauce</i>	£9.95
HARA PIYAZ JHEENGA <i>Succulent king prawns cooked with onion, tomatoes, tossed with spring onions & fresh garlic</i>	£12.95
AYRE JALFREZI <i>Fillet of Ayre in a terrific hot spicy sauce of green chillies, turmeric, garlic and ginger</i>	£10.95
KARAI AYRE <i>Fillet of Ayre cooked in the Karai with green chillies, fresh ginger, garlic, tomatoes, onions and capsicum</i>	£10.95
MACHEYR JHUL <i>Fresh salmon cooked in a sauce of specially blended spices, a typical traditional fresh cury</i>	£10.95

BALTI DISHES

<i>These genuine & authentic dishes cooked with an exotic collection of herbs & spices. Distinctively blended in the traditional way of the Punjab & northwest Pakistan. We carefully select & freshly grind spices to give each dish its unique taste. Balti dishes are cooked & served in an Indian wok (balti) which enhances the flavour & aroma of this type of cuisine.</i>	
MIXED BALTI	£10.95
BALTI GARLIC CHICKEN SAG	£9.95
BALTI CHICKEN	£8.55
BALTI CHICKEN TIKKA	£8.95
BALTI SPECIAL GARLIC CHICKEN TIKKA	£10.25
BALTI LAMB	£9.95
BALTI GARLIC TANDOORI KING PRAWAS	£11.95